



American Karate Studios

Class Schedule 2017

Effective August 21, 2017

Students should train 2-3 times a week, as well as practice Kenpo at home.

		Monday	Tuesday	Wednesday	Thursday	Friday
Tiny Tigers			4:45-5:30 p.m.		4:45-5:30 p.m.	
Ages 4-6	8 wk. sessions					
White		4:30-5:15 p.m.		4:45-5:30 p.m.		5:15-6:00 p.m.
Yellow		4:30-5:15 p.m.		4:45-5:30 p.m.		5:15-6:00 p.m.
Orange		4:30-5:15 p.m.		4:45-5:30 p.m.		5:15-6:00 p.m.
Purple		5:15-6:00 p.m.	6:15-7:00 p.m.		5:30-6:15 p.m.	
Blue		5:15-6:00 p.m.	6:15-7:00 p.m.		5:30-6:15 p.m.	
Green		6:00-6:45 p.m.	5:30-6:15 p.m.		6:15-7:00 p.m.	
Brown		6:00-6:45 p.m.	5:30-6:15 p.m.		6:15-7:00 p.m.	
Red		6:00-6:45 p.m.	5:30-6:15 p.m.		6:15-7:00 p.m.	
Jr. Blk/**AP		6:45-7:30 p.m.		5:30-6:15 p.m.		6:00-6:45 p.m.
Adults-Kenpo			7:00-8:00 p.m.		7:00-8:00 p.m.	
*Weapons/Spar				6:15-7:00 p.m.		
* Students may join the weapons/sparring class when they reach children's green belt/adult yellow belt.						

Schedule subject to change

www.AKSKenpo.com
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 850-893-5425

**AP=Adult Program for under age 14.